



East County/Clackamas

Resources for Basic Needs, Housing and Food

<p>Ambleside Meals on Wheels People 600 NE 8th, Suite 155 Gresham, OR 97030 503-953-8201 www.greshamchamber.org <i>This resource offers a M-F lunch for 60+ adults.</i></p>	<p>Clackamas Service Center 8800 SE 80th Portland, OR 97206 503-771-7914 www.cscoregon.org <i>This resource offers mail, clothing, food, hygiene/showers, medical, dental, haircuts, HIV testing, peer support and needle exchange.</i></p>	<p>Clackamas Women's Services 256 Warner Milne Oregon City, OR 97045 1-888-654-2288 (24/7) www.cwsor.org <i>This resource offers a drop-in shelter for survivors of domestic and sexual violence.</i></p>
<p>El Programa Hispano 333 SE 223rd St. #100 Gresham, OR 97030 503-669-8350 www.elprograma.org/program-services/health-and-wellness/ <i>Emergencia, legal, empleo, y ayuda adicional para Latinos.</i></p>	<p>Mt. Hood Head Start 10100 NE Prescott Portland, OR 97220 503-491-6111 www.mhcheadstart.org <i>This resource offers services for For east Multnomah County outside Portland Public Schools. Walk-in M-F 9am-4pm.</i></p>	<p>Operation Nightwatch 8800 SE 80th Portland, OR 503-220-0438 www.operationnightwatch.org Clackamas Service Center, Friday 7:00-9:00pm & Saturday 5:00-8:00pm. St. Stephen's Episcopal Church, 1432 SW 13th Avenue Thursday-Saturday 7:00-11:00pm</p>
<p>SnowCap Community Charities 17805 SE Stark St Portland, OR 97233 503-674-8785 www.snowcap.org M-F 10am-2pm, Mon & Wed 6-8pm</p>	<p>211 Info 866-698-6155 help@211info.org <i>This resource offers to connect people with health and social service organizations.</i></p>	